



Shri Mangal Mandir Patrika

सर्वधर्मान्परित्यज्य मामेकं शरणं व्रज ।
अहं त्वा सर्वपापेभ्यो मोक्षयिष्यामि न दुःखः ॥

Relinquishing all dharmas, take refuge in Me alone; I will liberate you from all sins; grieve not.

OCTOBER 2010

HUMAN BODY AS TEMPLE

This practice of considering the human body as a symbol, as a temple of God is very common among the Hindu sects. 'The body of ours is a temple of the Divine'. Says the Maitreyi Upanishad. God resides in the heart of man and the sanctum sanctorum of the temple represents his heart. The heart is a cave and the king of the dark chamber is God; hence the sanctum sanctorum is purposely kept dark without any windows or ventilators; except for a small lamp in front burning day and night. The latter represents the lamp of wisdom that would be lit in the heart and kept burning constantly.

Lights in the temple represent the light of the soul, the ever resplendent - atma jyoti. The clarified butter - often supplied to the lamp stands for regular spiritual practice. The system of burning camphor before the deity means that our ego, etc. are to be set on fire with the flame of divinity. When all

desires etc. are consumed in the flame, the jiva becomes one with the Lord. The suprabhata song sung early in the morning for the purpose of waking up the Lord is really the waking up of the sleeping divinity in man.

Many temples in south India arrange the floating festival, in which the deity is placed on a lighted boat in the temple tank and taken around. The idea is, the world is an uncharted ocean in which men are about to sail. If the Lord be the helmsman there is no fear, for He is the real saviour.

Generally every temple has three prakaras or rounds representing the three bodies - gross, subtle and causal. Some temples have five rounds representing five sheaths of Atman - Anna, Prana, Mana, Vijnana and Anandamaya. The seven rounds in the seven walled city of Srirangam, the abode of Lord Ranganatha represent the seven Dhatus of which the body is made.

continued on next page

continued from page 1

Every temple has a Bali-pitha in front. It suggests to the devotee to sacrifice all his ego and desires before he enters the temple. The curcumambulation done in some of the temples of Siva is not in the clockwise direction but one goes up to one half and then turns back and completes the circuit. Thus the figure of Om is traced.

The car festivals are arranged in temples once a year. The car festival of Lord Jagannath

of Puri is very famous. The idea behind this festival in which the deity is put on a chariot and drawn by devotees, is that the human body is a chariot and God resides in it as the indweller. The Kahopanishad says that Atman should be considered the master of the chariot and body, the chariot.

— *Swami Sivanand*

SAYINGS OF SRI RAMAKRISHNA

A young plant should always be protected against goats and buffalos and the mischief of little urchins, by means of fence. But when it becomes a big tree, a flock of goats or a herd of buffalos can freely find shelter under the spreading boughs and fill their stomachs with its leaves. So when your faith is yet in its infancy, you should protect it from the evil influences of bad company and worldliness. But when you grow strong in faith, no worldliness or evil inclination will dare approach your holy presence; and many who are wicked will become godly through their holy contact with you.

In a forest full of thorns and briars it is impossible to walk bare foot. One can do so if the whole forest is covered with leather, or if one's own feet are protected with leather shoes. It is impossible to cover the whole forest with leather, so it is wiser to protect one's feet with shoes. Similarly, in this world man is troubled with innumerable wants and desires, and there are only two possible ways of escape from them, viz., either to have all those wants satisfied, or to give up all of them. But it is impossible to satisfy all human wants for with every attempt to satisfy them, new wants arise. So it is wise to decrease one's wants by contentment and the knowledge of Truth.

A kite with a fish in its beak was chased by a large number of crows and screaming kites, pecking at it and trying to snatch away the fish. In whichever direction it went the flock of kites and crows also followed it. Tired of this annoyance, the kite threw away the fish which was instantly caught by another kite. At once the flock of kites and crows turned to the new possessor of the fish. The first kite was left unmolested; it calmly sat upon the branch of a tree. Seeing it in this quiet and tranquil state, the Avvadhuta saluted it and said, "You are my Guru, O kite; you have taught me that so long as man does not throw off the burden of worldly desires, he cannot escape from worldly distractions and be at peace with himself."

VISIT TEMPLE WEBSITE

Shri Mangal Mandir announces all of its upcoming programs and events on its website.

www.mangalmandir.org

SHRI MANGAL MANDIR TRUST
OPERATING INCOME AND DISBURSEMENT STATEMENT
(UNAUDITED - CASH BASIS)

CALENDAR YEAR 2009

INCOME

General Donations and collection from Box	\$ 155,005
Karmakand Income.	\$ 22,643
Program Income	\$ 22,605
Rental Income.	\$ 9,000
Interest Income.	\$ 217
Miscellaneous Income - Saree Sale	\$ 1,267

TOTAL INCOME \$ 210,737

DISBURSEMENTS (Operating)

Bank Service Charges	\$ 275
Building Cleaning	\$ 5,115
Building Supplies	\$ 599
Building Repairs	\$ 2,901
Food/Grocery	\$ 868
Insurance	
– Health	\$ 4,606
– Liability	\$ 3,694
Land Maintenance	\$ 4,953
Building Maintenance	\$ 7,790
Mortgage Payment — Principal \$ 14,860.	\$ 40,440
— Interest \$ 25,580	
Priest Remuneration.	\$ 15,823
Printing and Postage	\$ 2,582
Program Related.	\$ 13,658
Subscription	\$ 1,000
Taxes	
– Property	\$ 21,622
– Social Security	\$ 643
Telephone	\$ 1,517
Trash Removal	\$ 2,590
Electricity	\$ 26,649
Gas	\$ 529
Water	\$ 1,056

TOTAL DISBURSEMENTS \$ 158,910

NET OPERATING SURPLUS \$ 51,827

ADDITIONAL FINANCIAL INFORMATION
CALENDAR YEAR 2009 – 2010
Additional Disbursements - 2009 – 2010 (Applications of Fund)

CAPITAL EXPENDITURE – 2009


Kitchen Equipments	\$	2,800
Planting Trees	\$	3,602

DISBURSEMENTS – 2009 — 2010

Interest Free Loan Repaid - Land	\$	20,000
Mortgage Principal Loan Reduction Payment	\$	55,000

BALANCES AS OF AUGUST – 2010

Cash On Hand	\$	29,118
Outstanding Mortgage	\$	364,982
Outstanding Line of Credit	\$	22,897
Outstanding Interest Free Loan - Mandir	\$	18,498
Outstanding Interest Free Loan - Land	\$	20,000



SHRI MANGAL MANDIR
 Invites you to participate in
TULSI Vivah
 Mukhya Yajman Recommended Donation \$501
 On Wednesday, November 17th, 2010
 At 7:00 pm
 For further information, please contact
 Iswarbhai Patel Jyotindra Shah Kirit Udeshi
 443-694-3541 301-549-3341 703-449-0772
 Mandir Acharya Shree Chandrakantbhai Chove at 301-421-0985/86

Shri Mangal Mandir

Invites Everyone to Participate in

Samooch Lakshmi Poojan & Chopda Poojan



Shree Lakshmijee

On Friday, November 5th, 2010 between 6:00 pm and 7:30 pm

Recommended Donation - \$151 per couple

Each participant couple will receive
a silver coin of Shree Lakshmijee

For more information, please contact

Kiran Parikh 410.465.6308 Bhargav Desai 301.604.2927

Kirit Udeshi 703.449.0772

Temple Acharya Shree Chandrakantbhai Chove at 301-421.0985/86

SHRI MANGAL MANDIR

Celebrates

GOVARDHAN POOJA

And

ANNAKUT MAHOTSAV

On

Saturday, November 6th, 2010

Govardhan Pooja: 10:00 am (*Govardhan Pooja – Panchamrut Snaan*)

Annakut: 4:30 pm to 6:00 pm (*Bhajans*)

6:00 pm to 6:15 pm (*Aarati*)

- Annakut Darshan will be open from 6:00 pm onward.
- Mahaprashad and Annakut prasad will be distributed from 6:15 pm onwards.
- Devotees who would like to offer samgree for Annakut **MUST** bring it **BEFORE** 12 noon on the 6th - Annakut day.
- Devotees are requested to throw trash only in the trashcans in the temple and not elsewhere on the temple premises.
- Devotees are requested not to block other cars or to double park their cars.
- Devotees are requested not to park their cars on Cliftonbrook Lane.

Please note: The three main deity chambers will be closed for Darshan from 1:30 pm till 6:00 pm so that the Annakut can be arranged and offered.

For more information, please contact:

Chandrakantbhai Chove 301-421-0985/86 • Navin Chitalia 301-937-1267

Kishore Mehta 301-258-0748 • Kirit Sheth 703-471-0345

Iswarbai Patel 443-694-3541

***SHRI MANGAL MANDIR WISHES HAPPY DIWALI AND
PROSPEROUS NEW YEAR TO EVERYONE***

FRIENDS.....

In the past, during Diwali time we have asked you for "Daan" according to the guidelines of our scriptures. Most of you have responded to this very generously and promptly which has certainly helped towards making our Mangal Mandir mortgage free. It is this "Daan" that has truly lighted the lamp which symbolizes Diwali.

Once again we ask you to keep the spirit of giving in focus and donate generously so that we can keep the lamp lighted through the year. We are now looking forward to paying off land mortgage and your generous donation will help to achieve this objective. So please, let us all dig deep down in our pockets and give whatever our circumstances allow. Diwali must truly become the Festival of Lights by the lighting of that spark of conscience within us to give generously - a donation that is worthy of you.



PLEASE
DONATE
GENEROUSLY.



Upcoming Events

Please make note of the following upcoming events at Shri Mangal Mandir

- **MAHA SHIVRATRI**
Wednesday, March 2nd, 2011
- **HOLI**
Saturday, March 19th, 2011
- **RAMNAVAMI**
Tuesday, April 12th, 2011

Karmakand Services

Shri Mangal Mandir offers following Karmakand services. Please contact our Mandir Acharya, Shri Chandrakantbhai Chove at 301-421-0985/86 to schedule your next Pooja, Rituals or Karmakand services:

Satyanarayan Katha/Pooja

Shanti Paath

Yagna/Havan

Grah Shanti

Wedding Ceremony

Mundan Ceremony

Vastu/Grahpravesh

Chandi Paath

Rudri

Seemant

Jyotish Related

New Car Pooja

Also, if you want to receive the copy of our Patrika on your website, please contact Bhargav Desai and provide him with your email address so that we can forward you the latest copy of the Patrika. Bhargav Desai's contact number is - 301-604-2927

Shri Mangal Mandir

17110 New Hampshire Avenue
Silver Spring, MD 20905

Presorted
First-Class Mail
U.S. Postage
PAID
Suburban, MD
Permit #3878

www.mangalmandir.org

■ *Shri Mangal Mandir Trust – A non-profit tax exempt, religious, cultural and educational organization*

SHRI MANGAL MANDIR

Invites You To Participate In

Grand New Year's eve Celebration

DINNER • LIVE MUSIC | With countdown to YEAR 2011

December 31st, 2010 | 7:00 pm to Past Midnight

Place: Shri Mangal Mandir Auditorium

Cost: \$ 20 per person (Non Refundable)

First come first serve - Limited to 125 participants only

Program: 7:00 pm to 8:00 pm - Social

8:00 pm to 8:45 pm - Dinner

9:00 pm to Past Midnight - Live Music and then Countdown to Year 2011

PLEASE GIVE YOUR NAME AND MONEY TO CHANDRAKANTBHAI CHOVE AT THE TEMPLE

Iswarbhair Patel 443.694.3541 • Kirit Udeshi 703.449.0772

Shri Mangal Mandir rents its auditorium. For your renting needs, please contact Surendra Daulat at 301-926-3274